



Tips for Families: Receiving Early Intervention Services Through the Phone, Tablet, or Computer

Decide on a time that works best for you to get on the phone:

- Be sure that everyone in your house knows that you will be on the phone and for how long
- Plan with your Early Intervention provider on how often you will meet remotely
- Talk about what you will work on during the call
- Discuss what the visit will look like, what will you need to prepare

Tips to prepare your environment:

- Choose an optimal room in your home based on the planned activity
- Have provider-requested materials for the activity available
- Remove other items/toys that may be distracting
- Mute phones that may interrupt
- Turn off TV's, radios and other distractions
- Change diapers/take to the toilet /get snacks or activities for other children in the house
- If necessary, feed children before session
- Identify the exact time the session will begin and end

Prepare your equipment and connection – if you are using video:

- Make sure the camera and microphone are connected and working
- Log off of any other programs/windows that are open on the computer
- Turn off other computers in the house to improve the quality of the internet connection
- Have a cell phone number for the provider available if an internet connection goes out

At the end of the session:

- Summarize and plan next visit
- Ask any questions about the strategies that were practiced or discussed on the call
- Discuss new routines or activities to try before the next call
- Plan what will be done between visits

Visit ecpcta.org for more information

